



WASTE TRACKER CHART: YOUR IMPACT

Nature Foundation St. Maarten edition

How many disposable items do you use in a day?

There is no recycling center on St. Maarten, which is why the Nature Foundation emphasizes reduce-reuse. Students will track how many disposable items they use in a day to realize their impact and make changes in their life to cut down on waste generation.

HIGHLIGHTS

- Students will grasp how much waste a single person can generate
- Allows students to visualize a bigger picture of waste creation on a local and global scale
- Encourages reasonable lifestyle changes to reduce and reuse waste

CONSIDERATIONS

- Unlimited participation
- Should be conducted along with a lesson plan on how to reduce and reuse waste

INSTRUCTIONS

Students will fill out the Waste Tracker Chart (attached below) by adding one tally mark for each item they use in its correct category. After adding the total tallies for each category, students will add all the totals to come up with a daily amount of waste items generated each day and write it into the Grand Total box.

Students will multiply how many items they used in a day by seven (7) to calculate a weekly amount, or 365 to calculate a yearly amount.

*Mixed plastics include a variety of items such as face masks, plastic water bottles, food wrappers, fiberglass pieces, buckets, and more. It is a very broad category.

DATE: _____

CATEGORY	TALLY COUNT	TOTAL ITEMS
Paper		
Cardboard		
Aluminum		
Steel		
Glass		
Mixed plastics*		
Styrofoam		
Rubber		
Food scraps		
Textiles		
Batteries		
Electronics		
Metal		
Total waste items x 7: _____ per week		GRAND TOTAL

Total waste items x 365: _____ per year